

Why does my Botox not last?

The size and depth of your wrinkles – this can be influenced by genetics, skincare, sun damage, muscle strength and age so you can't compare yourself to others as your face is unique.

Comparing results with others – everyone's face is different and require a different treatment approaches for example older ladies with hooded eyes are at risk of a brow drop so the forehead would need quite a bit of "movement remaining" to avoid worsening the problem. Some people have lines directly above the eyebrow which again is another danger zone if over treated.

It's the first time you have had it – normally once you have had Botox 3 consecutive times at 3-4 month intervals it's the best result you can expect.

You started Botox in your later years – this means your lines were probably very furrowed and Botox in most cases will only improve not get rid of the lines. Starting Botox at aged 55 will never have the results than if you had it at 35 years old.

Knowing the difference – Botox works on muscle action "dynamic lines" so once the muscle is not moving and the line remains this is called a "static line" it's in the skin! Therefore over time the skin gets chance to rest from regular contraction then the line will fade.

Your not having regular treatments – you have to be retreated every 3-4 months otherwise the lines will return. This is more so important in later years when you have lots of static lines.

Your expectations – Botox will not freeze the face completely for 12 weeks like any medication it peaks and gradually declines often with movement returning about week 6/7. Its also helpful to look at your before picture which often shows the movement has not fully returned. Also in general Botox reduces wrinkles by 50-80% not 100%.

Aftercare – it's important to follow the aftercare instructions or this can contribute to reduction in longevity.

Your getting older – an example area people may think doesn't not work very well can be the crows feet when actually the problem is skin laxity and cheek fat loss.

Your metabolism – your body will process Botox on its own timeframe however if you are a gym bunny then this can reduce the longevity.

Wellness – it has been reported if you are ill or stressed this can shorten the longevity of Botox.

Continued



You should ensure you choose a qualified health professional to do your Botox as they should....

Be using quality Botox that has been prescribed by a registered pharmacy and stored correctly – you would be surprised about the back street Botox you can buy!

Be using the licensed dose of Botox in the areas so long as that would not cause any negative effects.

Have skill and accuracy – a good injector will know the muscle anatomy and be able to assess if an area will benefit from treatment.

As you can see there are many variable factors and each person is different and unfortunately like any treatments there is always a small minority that it does not last as long!

*Hope this helps!
Injection Queen*